Senior Care Partners P.A.C.E. CONNECTION





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Senior Care Partners P.A.C.E. Connection is a free publication for all members of the communities we serve.

Senior Care Partners P.A.C.E., a nonprofit organization, has three convenient locations. To find out more about our nonprofit mission and services to the community use the contact information below:

Kalamazoo Location:

445 West Michigan Avenue Kalamazoo, MI 49007

Portage Location:

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Care For The Independent

"Our Mission is to provide a community of wellness for older adults with chronic care needs to empower autonomy and independence in their home."

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We are celebrating 10 years of outstanding service to older adults in the communities we serve. It was April 1, 2009 when the first seven participants came through the door of our Battle Creek center. Who would have imagined that ten years later we would be serving nearly 500 seniors on a regular basis in three different centers spanning into five different counties? And we are still growing!

On the front cover of this newsletter is a photo of the only surviving original participant surrounded by four of the original employees who were here the day the doors opened and are still employees of Senior Care Partners P.A.C.E. From left to right are Karen Hagemann (Recreational Therapist); Marion Gillette, one of the first seven participants; Jody Graham, (Certified Nursing Assistant); Jan Berry (originally an Administrative Assistant, now a clinical scheduler); and Ryan Murphy (originally a Physical Therapy Assistant, now the Educational Coordinator).

I would like to thank Karen, Jody, Jan and Ryan, as well as all our other staff members, for giving of themselves over the past decade so the older adults we serve can have a higher quality of life and, in many cases, a renewed sense of life. I would also like to honor Marion Gillette for being the longest standing participant in our program. Marion has always been a cheerful delight and it has been our privilege to know her and care for her all these years.

The timeline to the right highlights the many successes we've experienced as an organization over the past decade from the original opening in 2009 to the opening of our third center on April 1, 2019, exactly ten years to the day from when we welcomed our first participants.

We could not have accomplished all these things if it had not been for the dedication of our stakeholders, the entire staff, as well as the communities we serve. I invite you to walk through the pages of this special anniversary edition newsletter and enjoy hearing about the past, present and future of Senior Care Partners P.A.C.E. Thank you for celebrating with us!



March 2013 Kalamazoo Center Opened





May 2014 100 Active Employees

April 2017 Active Participant Enrollment Reaches 300

June 2018 Active Participant Enrollment Reaches 400



September 2018 Renovation of New Portage Center Begins



September 2018 200 Active Employees



January 2011 **Active Participant Enrollment Reaches 100**

May 2014 Active Participant **Enrollment Reaches** 200

December 2014 New Medical Clinic Addition at Battle Creek Center

April 2018 Lease Signed for **New Portage Center**

August 2018 Letter of Intent submitted to the Michigan Department of Health and Human Services regarding a Senior Care Partners P.A.C.E. location in Sturgis

September 2018 Southeastern Allegan and Southern Barry Counties Added to Servicing Area



Remembering the Past

From Humble Beginnings

- A Conversation with the First Four Employees

heard a new facility was going to open inside what was then called the Burnham Brook Center (now called the Kool Family Center) and I really wanted to work there." Jan started the discussion off with enthusiasm as four of the original employees of what is now Senior Care Partners P.A.C.E. reminisced about beginning months of the organization a decade ago. Each person sitting at the table had a ten-year history with the organization and matched Jan's passion for the people they've served all these years. Jan Berry was the first staff person to be hired (after the Executive Director). The others seated at the table holding the 10year designation included Ryan Murphy, Karen Hagemann and Jody Graham. Each of them were here when the first seven participants came through the door on April 1, 2009.

Jan began by taking minutes at a board meeting, then was asked to help format some written policies. She said, "That was September of 2008. Eventually, it became a full-time position as we got closer and closer to the opening of the center. At first it was just me and the Executive Director sharing an office the size of a closet, then additional staff began being hired."

Ryan added, "It was around the same time in the fall of 2008 when Gordy and I were asked to join the team here. Gordy had his own physical therapy business and I worked with him as a physical therapy assistant.

While touring the facility, we were asked, "If you were to put a physical therapy room in here, where would you put it?" As we walked through the building we came across a large room and said, "How about here?" And that's exactly where it went and where it still is today."

Karen joined the organization in January of 2009. "It was fun to be able to start from scratch," Karen said, "and build the program from the ground up. It's been fascinating to see how much we have grown and all the participants we have helped over the years."

Jody was employed at the hospital when she saw an ad in the Battle Creek Shopper for a Certified Nursing Assistant (CNA) position at a new non-profit health care organization. She recalls, "I was hired as a CNA in the day center on March 30, 2009, just before opening day. She remembers fondly, "I just thought it was cool that some of the participants came in lonely and had no one. Then we had the opportunity to bond with them and help them bond with each other."

Jody recalled a person who became a participant, along with her mother, within the first year. "The daughter was developmentally challenged her entire life and always lived with her mother. Unfortunately, she hadn't been out of her house for years. But when she came here her social life opened up and blossomed. Today she is one of the most social participants in our program and she loves every minute she is here."

think of all the lives we've changed, Jan added. "People have come in and I don't think they really knew what they were missing until they got here." Ryan agreed, "You make a good point. That social aspect. I think that has been my biggest 'wow' too." Karen echoed those sentiments, "Yes, the connection we've been able to help participants make with one another and with our staff has been life changing for many of them. Some of them even do things together outside the center. They will call each other on the phone."

Ryan continued, "We've definitely helped them physically through quality medical care and physical therapy, but to see someone who has just sat on the couch for 15 to 20 years, without social help, come in here all grumpy, sitting at a table, not wanting to be here. Then, after 4 or 5 weeks, they change. They have their favorite table, favorite chair, and have become best friends with those around them. They just love it. I distinctly remember one lady who was so cantankerous and rude. But we would get back in rehab and just laugh. We gave her a new perspective on life. We become family with all these people who were once strangers to us."

love our mission," Jody said. I'm a compassionate person and I love the idea of getting close to these families and helping them and making them happy. I've been a CNA since I was 19 years old, it's just what I like to do.



After working in nursing homes and hospitals in the past, I can say this is by far my favorite job." Jan agreed, "Everyone has the same mission with a big heart and lots of compassion." Karen added, "What I like about this job is keeping the participants in their home. To keep them home for as long as possible is very important to me. And we work as a team to achieve all the participants' goals. I really enjoy everyone I work with because everyone here is a team player with the same purpose."

Jody concurred and added, "Unfortunately, in other jobs I've had I've seen families drop off a family member at the nursing home and say, 'We'll see you later,' but they never return. But at Senior Care Partners P.A.C.E. we are able to take them back to their own home after their day at the center. There is something very rewarding about that."

Ryan contributed, "Working here was much different than working in other healthcare settings. After you've been in a traditional medical system long enough it begins to grind on you. The productivity scales and reimbursement becomes the most important thing. Then to come here and hear, 'The participant is center, work around them.' Now that's different. We always said, 'At PACE, we do different well."

Do you remember," Jan then called the participant by name, "when she came here she couldn't walk. She was told by Medicare and Medicaid they would not pay for any additional therapy for her. But shortly after she entered our program we were able to get her back into therapy and that woman was walking in no time. She was always so thankful she was able to walk again."

hat reminded Jody of another miracle participant who was in a power chair when he became a participant. She recalls, "He would always say, 'I really want to walk again.' For months I told him, 'If this is something you really want you can do this. I've seen people do this before.' It was a lot of hard work, but we got him walking with a walker and he ditched that chair." remembered him well, "It took me a year to get his prosthetic to fit right." Jan asked, "What other program would do that? Ryan responded, "That's true. Who would spend an entire year getting a prosthetic to fit right, except us?"

ere you can work with them for as long as they need it," Jody continued. "It was amazing. Everyone kept pulling together and he was able to walk again just like he wanted. There have been many participants who thought they would never walk again, but by working with them week after week we have been able to get them back on their feet and mobile once again."

"Being able to hear participants voice their goals, then being able to help them achieve those goals," Jan said, "is just amazing to me, and so rewarding when you see them accomplish their goals. It's good to know you're never too old to have goals."

"This program is way more than I ever thought it would ever be," Ryan said. "I originally thought it was just going to be another medical model where people would come, get what they needed, then leave. But here, you get to be involved in their entire life. You get the whole person and their family as well. Not only do we help the participant, but we can also change the life of their caregiver as well. So many caregivers come to us overwhelmed and we are able to give them hope, help and a great deal of relief."

Afterworking at Senior Care Partners P.A.C.E. for ten years, everyone in the room confessed they still enjoyed their job and continued to be amazed at the changes that take place in the lives of the participants. They are equally astonished that in 10 short years this organization with humble beginnings has gone from 1 location with a handful of employees and 7 participants to 3 locations with over 200 employees serving almost 500 older adults on a daily basis. Thank you Jan, Ryan, Karen and Jody for your dedication and unwavering commitment to serve older adults in our community over the past decade.

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Enjoying the Present

One Caregiver's Story

- It Takes a Village

Five years ago the world drastically changed for the Harris family. Tom, a successful business owner, and Sharon, a dental hygienist, were enjoying life and were very comfortable in their nearly forty years of marriage. However, there were subtle changes beginning to take place in Sharon's behavior. Tom shared, "It wasn't me that recognized Sharon's symptoms of dementia. It was actually our friends. Sharon had friends who were also her golfing partners. They would say to me, 'Hey Sharon's not showing up for scheduled events and golf outings."

Tom then began recognizing some of the things his friends pointed out to him. However, at the time, Sharon wasn't even close to admitting she may have a problem with her thinking, her ability to finish sentences, or her memory.

Tom confesses, "It's very difficult for a caregiver to ask for that initial appointment with a doctor. It's very hard to come to grips with the fact that your loved one could be facing a serious problem. No one gets



excited about that day when you have to take your spouse or loved one to a doctor to have their mental capacity tested. That's a big wall to climb over."

Tom finally made that call to the doctor's office and had an initial consultation. That was followed by a closed MRI which revealed Sharon had some type of dementia or aphasia, although the doctor didn't know what specific type. Eventually she was referred to a doctor at Northwestern University Hospital in Chicago. After further testing it was determined she suffered from frontotemporal dementia which affects only 10% of the population.

Only one year after diagnosis, Sharon became non-verbal with the exception of repeating certain words. But those few words would be the final words she would speak. It was less than three years from the time symptoms began to be recognized until she was totally non-verbal.

Prior to Sharon's diagnosis, Tom was already a caregiver for his mother who was in her 80's. With no other family members in the area, the responsibility of looking after his mother belonged solely to him. Tom confessed, "Caring for my mom and my wife at the same time, while being a business owner, definitely had its moments of being very challenging. You have to take one step at a time. I quickly realized I couldn't do it all myself."

Tom became aware of the services of Senior Care Partners P.A.C.E. through a friend. He said, "That connection showed me there was this tremendously valuable asset we have within our own community that can not only help people who are dealing with dementia, but also help those who are aging and want to remain in their own home. I was convinced this was the right place for both Sharon and my mother and I enrolled them both."



Tom continued, "Sharon, as well as my mother, have always been very content at Senior Care Partners P.A.C.E. and I attribute that to the staff there. I have a new appreciation for the people who are employed there, from the direct care staff to the clinic to all the support staff that keep the operation running, they have always been dedicated to understanding they have an unusual patient with a lot of needs in Sharon. When you have a participant that can't communicate, that creates an additional level of difficulty to care for them. As a direct care worker, or doctor, or physical therapist or occupational therapist, they have to figure out how to communicate with that person to find out their specific needs."

"t's very interesting to see how the fundamentals work within the P.A.C.E. model of care. Every six months the entire Interdisciplinary Team (IDT) meets with each participant and their caregiver. My mother and I just recently had that meeting with the IDT and I was so impressed that every health discipline within the

organization was represented in that meeting. Everything is centered around the individual participant and carefully strategized. Each discipline was communicating with the other disciplines about the specific care for my mother to make sure her care was collaborative and comprehensive. When we left that meeting, each healthcare discipline knew exactly what my mother's goals were. They weren't goals imposed upon her. They were goals she was able to set for herself."

When asked what advice he would give to other caregivers, Tom said, "It really takes a village. You can't take care of anyone with any form of dementia without a village. Caregivers need to reach out for help from other family members, friends and community resources such as Senior Care Partners P.A.C.E. which is one of the most significant services caregivers have in the Battle Creek area. They have been highly instrumental in caring for both Mom and Sharon and I highly recommend them to anyone who is caring for an aging loved one or someone who is dealing with dementia like Sharon."

Celebrating Marion GilletteOur Longest Standing Participant



Marion Gillette became a Senior Care Partners P.A.C.E. participant on April 1, 2009. For ten years she has come through the doors every week to socialize with others, receive medical care, participate in physical therapy, and just enjoy the friendly atmosphere that surrounds her at the center. When asked what she likes most about being a participant, she quickly responds, "The people. The staff and the other participants. They bring a lot of happiness to me. I enjoy being able to talk with others."

Marion recalls her early days as a participant ten years ago, "There weren't as many people here, but it was still enjoyable and being here has always been the highlight of my week."

The staff have always enjoyed Marion's sense of humor and positive outlook on life. Even though she has certain physical limitations, she is always an optimistic person and willing to engage in conversation with anyone.

Congratulations Marion for being our longest standing participant and happy ten year anniversary!

Clinical Physician:

David Halley, MD



David Halley, MD, is a clinical physician at Senior Care Partners P.A.C.E. Joining the medical provider team in February of 2019, Dr. Halley began his medical career in 1998 as a Family Physician augmentation to the USS Bataan with Fleet Surgical Team TWO based in Norfolk, Virginia. He also served as Staff Family Physician

at the Naval Medical Center in San Diego, California. Immediately prior to his current position, he was a Physician at Borgess Family Medicine for over fifteen years, serving as Physician Leader for much of his tenure there. A graduate of Michigan State University, he earned his Bachelor of Science with honor in Physiology and his Doctorate of Medicine from the Michigan State University College of Human Medicine. He also completed Family Practice Residency at Michigan State University Kalamazoo Center for Medicine Studies. Dr. Halley is Board Certified through the American Board of Family Practice and is a member of the American Academy of Family Physicians as well as the Michigan Academy of Family Physicians.

Nurse Practitioner:

Amanda Pentland, AGACNP-BC



Amanda Pentland, MSN,
AGACNP-BC, joined the
Kalamazoo Senior Care
Partners P.A.C.E. clinical team
in January of 2019 as a Nurse
Practitioner. Amanda received
an Associate degree in Nursing
from Southwestern Michigan
College, a Bachelor of Science
in Nursing from the University of

Michigan – Flint, and a Master of Science in Nursing from Walden University, graduating with high honors from all three institutions. Additionally, she received her Adult Gerontology Acute Care Nurse Practitioner (AGACNP-BC) designation through the American Nurses Credentialing Center (ANCC). Prior to her current position she was a Registered Nurse in a hospital setting as well as in home health care. She was the recipient of the Excellence in Nursing Award in 2015 and the Excellence in Clinical Practice 1 Award in 2017 from Borgess Pipp hospital and has served as an Adjunct Clinical Instructor at Kellogg Community College. Amanda is a member of the American Nurses Association (ANA).

Nurse Practitioner:

Polly Syc-Vega, FNP-C



Polly Syc-Vega, FNP-C, joined the Battle Creek Senior Care Partners P.A.C.E. clinical team in September of 2018 as a Nurse Practitioner. A licensed Registered Nurse, she received her certification as a Certified Family Nurse Practitioner (FNP-C), from the American Association of Nurse Practitioners® (AANP).

Polly earned an Associate degree in Nursing from Kellogg Community College, a Bachelor of Science in Community Nursing from Spring Arbor College and Master of Science in Family Practice from Michigan State University. With extensive experience in direct patient care in the hospital setting, she served as a Charge Nurse in Critical Care for several years. In 2008 she was a recipient of the annual George Award presented by the Battle Creek Enquirer for making an impactful difference in the community through a specific nursing related project. Polly is a member of the AANP and the Michigan Council of Nurse Practitioners (MICNP).

Nurse Practitioner:

Dorita Cline, MSN, FNP-C



Dorita Cline, MSN, FNP-C, joined the Kalamazoo Senior Care Partners P.A.C.E. clinical team in April of 2019 as a Nurse Practitioner. Having worked as a travel nurse immediately prior to her current position, she has also served as a Registered Nurse at Bronson Battle Creek as well as Battle Creek Health Systems

with an emphasis on emergency care and has obtained numerous Emergency Department related certifications. Educationally, Dorita received her Associate of Applied Science in Nursing from Jackson Community College, Bachelor of Science in Nursing from Utica College, and Master of Science in Nursing from Simmons College. She was a President's Award recipient while at Utica College. Additionally, she obtained the designation of Family Nurse Practitioner – Certified (FNP-C) through the American Academy of Nurse Practitioners Certification Board (AANPCB) and is a member of the American Association of Nurse Practitioners (AANP).

Meet Our Newest Board Member: Sarah Bilkey



Sarah Bilkey is the newest member of the Senior Care Partners P.A.C.E. Board of Directors. She comes to the board with extensive experience in healthcare and currently serves as the Executive Director of Bronson At Home. Immediately prior to her current position, she served as the System Director of Clinical Operations for Bronson at Home. With over twenty years of experience in acute and post-acute healthcare settings, Sarah has expertise in not only nursing, but also quality and safety, process improvement, electronic medical record implementation, project management, and strategic planning. She began her nursing career in the Trauma and Emergency Department at Bronson Methodist Hospital, followed by a broad range of experience in hospice, homecare, and adult critical care. Additionally, she has a passion for patient safety and high reliability initiatives. Sarah holds a Bachelor of Science with a major in Nursing from Western Michigan University and is currently pursuing her Master of

Science in Nursing from Western Governors University.



A Conversation with Brenda Hunt. President and CEO of the Battle Creek Community Foundation



The Battle Creek Community Foundation has been a long-time advocate for Senior Care Partners P.A.C.E. dating back to the very beginning of the organization and continues to play a very supportive role. Not only have they been a financial lifeline to launch and help sustain the PACE model in

the region, they have also encouraged other stakeholders to come along side the organization in supportive ways.

Brenda Hunt, President and Chief Executive Officer of the foundation, said, "We have been there to support Senior Care Partners P.A.C.E. because we believe in the model. It is a wellness model designed for the most fragile seniors living in our community."

Hunt went on to say, "Senior Care Partners P.A.C.E. has been a catalyst for change in health care in our region. They are one of the key leaders in changing the care model for seniors. They flipped the switch with what was at the time, ten years ago, a rare model. The concept is somewhat hidden, but it has modernized and moved people's thinking by leaps and bounds."

The Battle Creek Community Foundation owns the Kool Family Center where Senior Care Partners P.A.C.E. is housed. Initial renovation costs to accommodate the PACE program over a decade ago were in the neighborhood of \$750,000 and included filling in a swimming pool inside the building to allow room for the participant day center. However, the foundation's support has been more than financial. They have also been instrumental in organizational guidance, introducing strategic relationships, and advocating for the success of the program.

"This was an investment in the senior population of our community," Hunt said. "Battle Creek Health System (BCHS), and eventually Bronson Hospital who purchased BCHS, have also been highly instrumental in the success of the local PACE program. It has been a community effort because this is an organization that is making a significant impact on our community."

Hunt recalled many individuals who were involved in the early organizational stages. "Steve Jessup came back from New York where he had observed a PACE program functioning and insisted we needed to have a similar program here. And he was relentless about it. That led us to find Rod Auton who was running a PACE program in the Detroit area. With the instrumental help of Jill Wise, we were able to recruit Rod, a Battle Creek native, to launch the PACE initiative in Battle Creek in 2008."

When asked what she thought were the highlights of the organization's history, Hunt recalled the following:

- · The expansion into Kalamazoo
- Developing a relationship with the Western Michigan University Homer Stryker MD School of Medicine to establish the Longitudinal Clinical Experience which enables medical students to have rotations through the PACE program to expose them to this innovative model of care.
- The addition of the medical clinic wing at the Battle Creek
- Adding effective leadership to the Board of Directors

Hunt concluded, "Battle Creek has historically been an innovative health care community dating back to the late 1800's. It seems fitting that Senior Care Partners P.A.C.E. would continue our community's historical precedent by offering innovative health care to older adults. I'm convinced this is a model that is here to stay. I really think there is something to be said about a community of our size taking on such an undertaking as the PACE model of care. I believe Senior Care Partners P.A.C.E. is setting the standard for senior care in our region and in the entire state."

Looking to the Future

Expansion Plans to Help More Seniors

"The future looks very bright for Senior Care Partners P.A.C.E.," said CEO

Alexandria Lueth. At a combined staff meeting of its 200 plus employees earlier this year, she and Chief Strategy Officer, Laura Ferrara, outlined the future of the organization. "The long term goals we established last year remain the same," Ferrara announced, "we will be serving 3,000 people by the end of fiscal year 2026. Not all those served will be PACE participants, but it will be a combination of PACE participants as well as helping people that may not yet qualify for the PACE program."

Ferrara went on to break down the growth projections, "By the end of fiscal year 2020 we will be serving over 600 PACE members and 100 non-PACE members at five locations. Over the course of the next year we plan to open two additional centers. We are working with Oaklawn Hospital in Marshall to open a site in Albion. The building where the center will be located is owned by Oaklawn Hospital and will be renovated to accommodate the services we provide."

he expansion into Albion is very important, said Lueth. There is a very large need for quality geriatric healthcare on the east side of Calhoun County and we are very a happy for the opportunity to work with Oaklawn Hospital to fill this need for the senior population. We have many people who are currently transported from Albion to the Battle Creek center every week. By having an alternate site in Albion, those individuals will spend much less time on the bus and can have more quality time at the center."

Kichard Lindsey, Executive Director of Legal and Community Affairs for Oaklawn Hospital stated, "Oaklawn is very glad to have this working relationship with Senior Care Partners P.A.C.E. We have spent many hours in discussion and planning over the course of

many months. Now, to see our plans come together gives everyone a sense of great accomplishment and we believe this center will be very important to the older population on the east side of Calhoun County. This is something that has been needed for years and it's great to see it finally come to fruition. Not only will this benefit the Albion residents, but it will also help other rural communities such as Homer."

Senior Care Partners P.A.C.E. also plans to open a new location in St. Joseph County, approximately 40 miles south of Kalamazoo in Sturgis, Michigan. This development has occurred as a result of numerous conversations with the St. Joseph County Commission on Aging and their desire to see a PACE program in their area to serve St. Joseph and Branch counties. Ferrara said, "There is a lot of behind the scenes work that needs to take place before a center can open and these expansions are subject to CMS and MDHHS approval. The location in Sturgis will actually enable us to serve older adults in two counties, St. Joseph and Branch counties."







Pictured above the site for the new Albion Facility

St. Joseph County Commission on Aging Executive Director, Tim Stoll, has been at the center of the discussions from the beginning. He said, "We have recognized the many benefits of the PACE model of care and knew this was something needed in our county. Our feasibility study led us to the conclusion that Senior Care Partners P.A.C.E. would be the perfect organization to open a center in Sturgis and we are excited to see this opportunity unfold. We have a lot of renovation work to accomplish to get the building ready, but we are confident that as we work together the senior population of St. Joseph and Branch counties will greatly benefit. This will also bring more healthcare services to the Sturgis community in light of the reductions at the hospital. I view this relationship with Senior Care Partners P.A.C.E. as a definite win for the Sturgis community as well as for St. Joseph and Branch counties."

Renovation and opening dates for the Albion and Sturgis centers are still not finalized. However, both

sites should be open within the next twelve months. Ferrara said, "There is a lot of behind the scenes work that needs to take place before a center can open. After the site is ready from a renovation standpoint, then there are specific state inspections that must take place to make sure the center meets all the CMS guidelines for a PACE facility. The guidelines are very stringent and we must make sure everything meets the specific regulations."

Lueth added, "While we grow and expand our reach so we can help more people, we are always cognizant of the fact that we must always maintain the highest quality of care for our participants. Yes, we want to help as many seniors as possible, but we want to also make sure the care we provide is second to none. That will always be our goal."



Pictured above the outside of the new Sturgis facility

Pictured to the right and below are inside views of the Sturgis facility





200 W. Michigan Ave., Suite 103 Battle Creek, MI 49017

What is "PACE"?

PACE stands for "Program of All-inclusive Care for the Elderly." PACE is a long-term comprehensive health care program that enables frail elderly adults to live at home and in their communities for as long as medically and socially possible. Senior Care Partners P.A.C.E. is the official PACE program for Calhoun, Kalamazoo, Eastern Van Buren, Southeastern Allegan, and Southern Barry counties in Michigan. Our many services are designed to help older adults stay in their homes, and be part of the community where they live.



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